

GREGGS MENU

Prices as of 24 July 2026 · 136 items across 8 categories

GreggsMenuNearMe.co.uk

BREAKFAST

All Butter Croissant · 292 kcal	£1.45
Apple & Cinnamon Flavour Porridge (Ready to eat) · 232 kcal	£1.65
Bacon and Cheese Wrap · 358 kcal	£2.60
Bacon and Omelette Breakfast Baguette · 504 kcal	£3.70
Bacon and Omelette Breakfast Roll · 363 kcal	£2.90
Bacon and Sausage Breakfast Baguette · 550 kcal	£3.70
Bacon and Sausage Breakfast Roll · 405 kcal	£2.90
Bacon Breakfast Baguette · 462 kcal	£3.40
Bacon Breakfast Roll · 321 kcal	£2.60
Golden Syrup Flavour Porridge (Ready to eat) · 249 kcal	£1.65
Hash Brown (2 pack) · 154 kcal	£1.50
Omelette Breakfast Baguette · 441 kcal	£3.40
Omelette Breakfast Roll · 352 kcal	£2.60
Overnight Oats with Seeds & Dried Fruit · 285 kcal	£2.40
Pain au Chocolat · 299 kcal	£1.50
Sausage and Omelette Breakfast Baguette · 557 kcal	£3.70
Sausage and Omelette Breakfast Roll · 395 kcal	£2.90
Sausage Breakfast Baguette · 543 kcal	£3.40
Sausage Breakfast Roll · 377 kcal	£2.60
Simply Creamy Porridge (Ready to eat) · 249 kcal	£1.65

SAVOURIES & BAKES

Cheese & Onion Bake · 436 kcal	£2.10
Chicken Bake · 420 kcal	£2.20
Chicken Roll · 305 kcal	£1.35
Katsu Chicken Bake · 442 kcal	£2.25
Margherita Pizza · 586 kcal	£2.75
Pepperoni Pizza · 640 kcal	£3.15
Sausage Roll · 348 kcal	£1.35
Sausage, Bean & Cheese Melt · 456 kcal	£2.20
Spicy Chicken Pizza · 687 kcal	£3.25
Steak Bake · 411 kcal	£2.25
Vegan Roll Pork-Free · 308 kcal	£1.35

HOT FOOD

2 Slice BBQ Chicken & Bacon Pizza Box · 1331 kcal	£5.75
2 Slice Margherita Pizza Box · 1075 kcal	£4.85
2 Slice Pepperoni Pizza Box · 1280 kcal	£5.45
2 Slice Spicy Chicken Pizza Box · 1213 kcal	£5.75
2 Slice Veggie Feast Pizza Box · 1228 kcal	£5.45
4 Slice BBQ Chicken & Bacon Pizza Box · 2663 kcal	£8.95
4 Slice Margherita Pizza Box · 2150 kcal	£6.95
4 Slice Pepperoni Pizza Box · 2559 kcal	£7.95
4 Slice Spicy Chicken Pizza Box · 2426 kcal	£8.95
4 Slice Veggie Feast Pizza Box · 2456 kcal	£7.95
6 Slice BBQ Chicken & Bacon Pizza Box · 3995 kcal	£10.95
6 Slice Margherita Pizza Box · 3226 kcal	£8.95
6 Slice Pepperoni Pizza Box · 3839 kcal	£9.95
6 Slice Spicy Chicken Pizza Box · 3639 kcal	£10.95
6 Slice Veggie Feast Pizza Box · 3685 kcal	£9.95
Cheese & Caramelised Onion Toastie · 548 kcal	£3.80
Ham & Cheese Toastie · 543 kcal	£3.80
Hot Chocolate Brownies · 758 kcal	£3.50
Hot Ham and Cheese Baguette · 484 kcal	£4.10
Hot Mexican Chicken Baguette · 495 kcal	£4.10
Hot Southern Fried Chicken Baguette · 557 kcal	£4.10
Mozzarella & Cheddar Bites · 322 kcal	£2.20
Southern Fried Chicken Goujons · 400 kcal	£3.75
Southern Fried Potato Wedges · 278 kcal	£1.50
Spicy BBQ Chicken Bites · 286 kcal	£2.20
Tomato Soup · 195 kcal	£3.15

SANDWICHES

Free Range Egg Mayo Sandwich · 358 kcal	£2.45
Ham and Cheese Baguette · 482 kcal	£3.70
Honey Roast Ham and Egg Salad Roll · 333 kcal	£3.40
Mature Cheddar Cheese Ploughmans Oval Bite · 456 kcal	£3.60
Mature Cheddar Cheese Salad Baguette · 441 kcal	£3.60
Mexican Chicken Baguette · 492 kcal	£3.70
Mexican Chicken Flatbread · 374 kcal	£3.60
Mexican Chicken Oval Bite · 462 kcal	£3.60
Pesto Chicken Flatbread · 376 kcal	£3.60
Roast Chicken & Honey Mustard Mayo Oval Bite · 411 kcal	£3.60
Roast Chicken and Bacon Club Baguette · 457 kcal	£3.70
Roast Chicken Mayonnaise Baguette · 458 kcal	£3.60
Roast Chicken Salad Roll · 357 kcal	£3.40
Roast Chicken Salad Sandwich · 349 kcal	£2.85
Tandoori Chicken Baguette · 459 kcal	£3.60
Tandoori Chicken Sandwich · 350 kcal	£2.45
Tuna Crunch Baguette · 413 kcal	£3.70
Tuna Crunch Roll · 318 kcal	£3.40
Tuna Mayonnaise & Cucumber Sandwich · 329 kcal	£2.45

SALADS

BBQ Chicken & Bacon Pasta · 487 kcal	£3.60
Prawn Layered Pasta Salad · 339 kcal	£3.60
Tomato & Mozzarella Pasta · 522 kcal	£3.60

DRINKS

Espresso · 12 kcal	£1.80
Fairtrade Apple Juice · 69 kcal	£2.00
Flat White · 71 kcal	£2.25
Large Americano · 11 kcal	£2.50
Large Cappuccino · 114 kcal	£2.85
Large Caramel Latte · 225 kcal	£3.45
Large Hot Chocolate · 290 kcal	£2.90
Large Latte · 133 kcal	£2.85
Large Mocha · 300 kcal	£2.90
Large Orange Juice · 69 kcal	£2.00
Large Still Water · 0 kcal	£1.60
Large Tea · 12 kcal	£1.55
Large Vanilla Latte · 225 kcal	£3.45
Large White Coffee · 45 kcal	£2.50
Regular Americano · 9 kcal	£1.90
Regular Cappuccino · 94 kcal	£2.25
Regular Caramel Latte · 204 kcal	£2.85
Regular Green Tea · 0 kcal	£1.65
Regular Hot Chocolate · 219 kcal	£2.30
Regular Latte · 114 kcal	£2.25
Regular Mocha · 233 kcal	£2.30
Regular Peppermint Tea · 0 kcal	£1.65
Regular Tea · 9 kcal	£1.40
Regular Vanilla Latte · 204 kcal	£2.85
Regular White Coffee · 34 kcal	£1.90
Small Orange Juice · 69 kcal	£1.75
Small Still Water · 0 kcal	£1.35
Sparkling Raspberry Lemonade · 10 kcal	£1.75

SNACKS

Caramel Crispy Bar · 242 kcal	£1.50
Free Range Egg Pot · 127 kcal	£1.65
Fruity Flapjack · 253 kcal	£1.50
Mature Cheddar Cheese & Onion Crisps · 198 kcal	£1.25
Sea Salt & Cider Vinegar Crisps · 198 kcal	£1.25
Thai Sweet Chilli Crisps · 199 kcal	£1.25

SWEET TREATS

Apple & Strawberry Fruit Pot · 43 kcal	£1.40
Belgian Bun · 374 kcal	£1.45
Caramel Custard Doughnut · 283 kcal	£1.40
Caramel Shortbread (4 pack) · 288 kcal	£3.15
Chocolate Brownie Bar · 215 kcal	£1.50
Cream Éclair · 322 kcal	£1.60
Fat Free Greek Style Yoghurt with Strawberry Compote · 114 kcal	£1.60
Gingerbread Man · 176 kcal	£1.15
Glazed Ring Doughnut · 201 kcal	£1.15
Jam Doughnut · 236 kcal	£1.10
Jammy Heart Biscuit · 271 kcal	£1.40
Mango & Passion Fruit Doughnut · 266 kcal	£1.40
Milk Chocolate Cookie · 343 kcal	£1.35
Novelty Bun · 196 kcal	£1.15
Pineapple Fruit Pot · 55 kcal	£1.40
Pink Jammie Doughnut · 309 kcal	£1.40
Star Biscuit · 185 kcal	£1.45
Strawberries & Cream Muffin · 343 kcal	£1.60
Sugar Strand Doughnut · 224 kcal	£1.30
Triple Chocolate Cookie · 333 kcal	£1.35
Triple Chocolate Doughnut · 325 kcal	£1.40
Triple Chocolate Muffin · 467 kcal	£1.55
White Chocolate Cookie · 343 kcal	£1.35

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